

ELI-NP Summer School Bucharest 21-25 September 2015

Opportunities for International Collaboration in Laser Driven Ion Therapy (Turkey and Rumania)

Ken Ledingham

SUPA, Dept of Physics, University of Strathclyde, Glasgow

G4 0NG, Scotland & AWE plc.

**University of Selcuk, Faculty of Science, Department of
Physics,**

Konya, 42031, Turkey



Towards Laser Driven Hadron Cancer Radiotherapy: A Review of Progress

Applied Sciences, 4, 402-443,2014

K.W.D.Ledingham,

SUPA, Dept of Physics, University of Strathclyde,
Glasgow G40NG, Scotland,

University of Selcuk, Department of Physics, Konya, 42031, Turkey

P.R.Bolton, Naoya Shikazono,

Kansai Photon Science Institute, Japanese Atomic Energy Agency,
8-1-7 Umemidai, Kizugawa, Kyoto 619-0215, Japan

C-M Ma et al

Radiation Oncology Department, Fox Chase Cancer Center,
7701 Borehole Ave., Philadelphia 19111, USA

The Turkish Team consists of :

- 1) 3 Physicists,
- 2) 3 Inorganic and Biochemists,
- 3) 2 Pathologists
- 4) 5 Surgeons of different specialities
- 5) 2 Tissue biologists
- 6) 2 Oncologists

Before this kind of research is permitted, this must be passed by Ethics committee which was passed on the 26th November 2013

I lead an International Consortium trying to site a centre for laser driven proton/heavy ion therapy somewhere in the world

Last year I was invited to lead a Russian site in Nizhny Novgorod but finally we were not funded

I have a contract to help site this in Turkey

Cancer Statistics

- 4% of people in developed countries are diagnosed with cancer each year
- 50% of these receive radiotherapy (X-rays) and surgery or both
- 100,000 patients have been treated with hadron therapy (protons and carbon ions)

Two Important Quotes

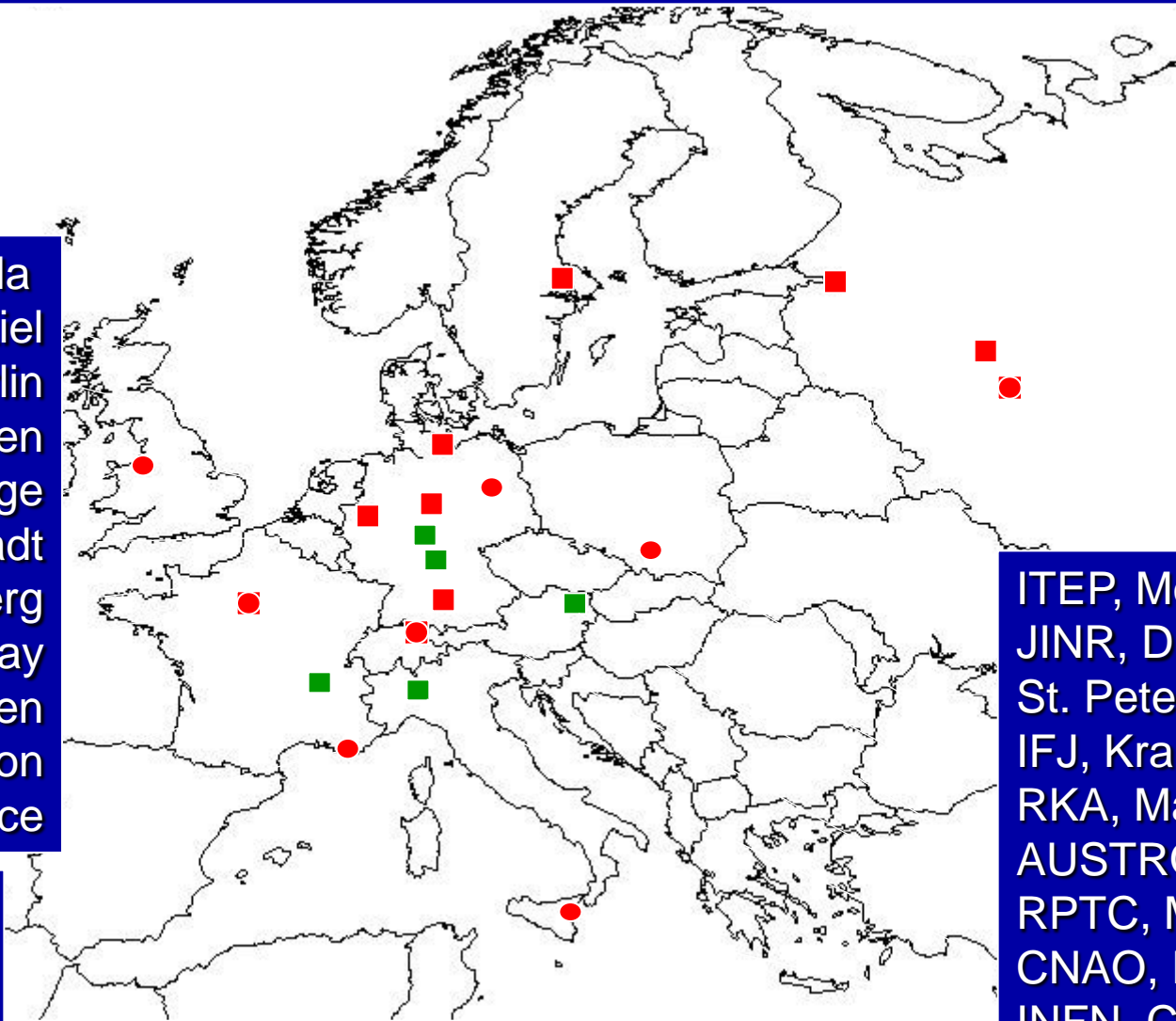
- **Ugo Amaldi *NIM A620, 563, 2010***
- **If 200 MeV proton accelerators would be as cheap and small as the 10 MeV electron linacs used in conventional radiotherapy, at least 90% of the patients would be treated with proton beams.**
- **Charlie Ma *Med.Phys.33, 571-573, (2006)***
- **Within the Next Decade Conventional Cyclotrons for Proton Therapy will become obsolete and replaced by far less expensive Machines using Compact laser systems for the Acceleration of the protons.**

**There are 39
Conventional
Accelerator Proton-
Heavy Therapy
Centres around the
World**

Proton and ion therapy in Europe

TSL, Uppsala
NRoCK, Kiel
HZB, Berlin
WPE, Essen
CCO, Clatterbridge
GSI, Darmstadt
HIT, Heidelberg
CPO, Orsay
PSI, Villigen
Etoile, Lyon
CAL, Nice

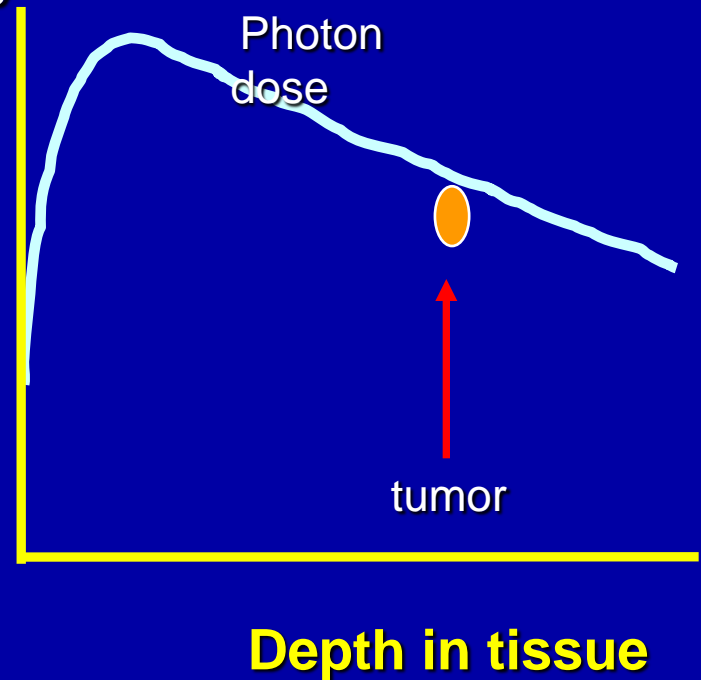
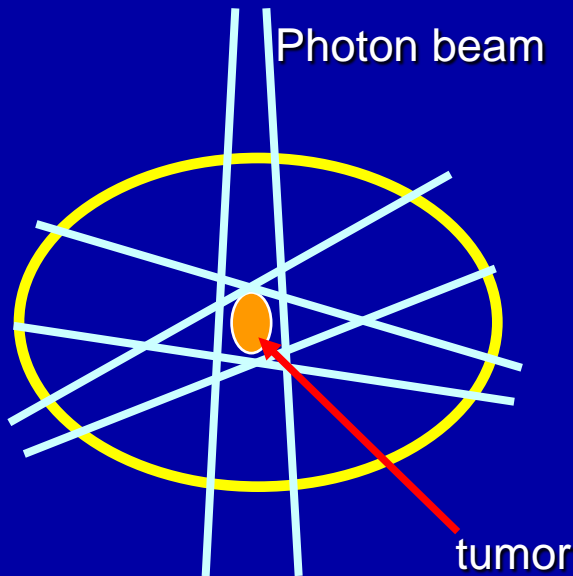
■ Proton Centre
● Ocular
■ Carbon



ITEP, Moscow
JINR, Dubna
St. Petersburg
IFJ, Krakow
RKA, Marburg
AUSTRON
RPTC, Munich
CNAO, Pavia
INFN, Catania

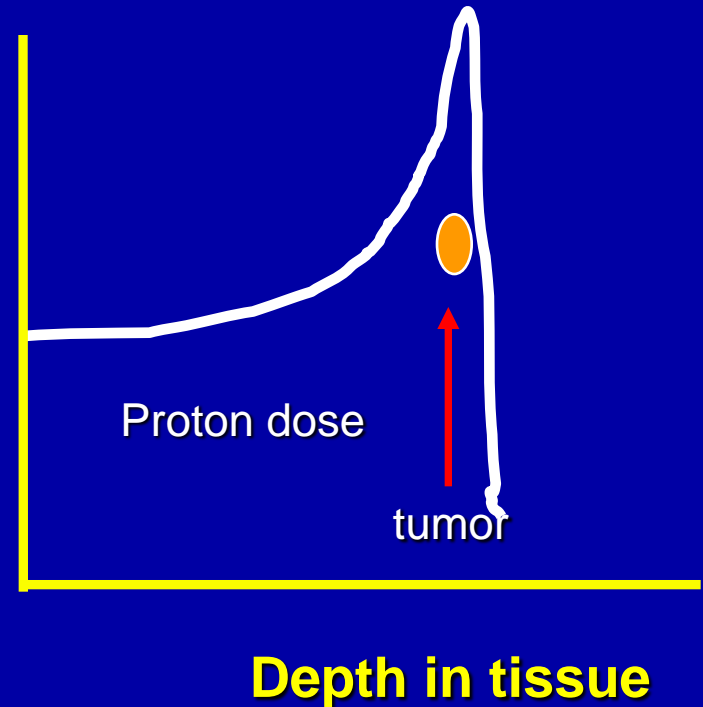
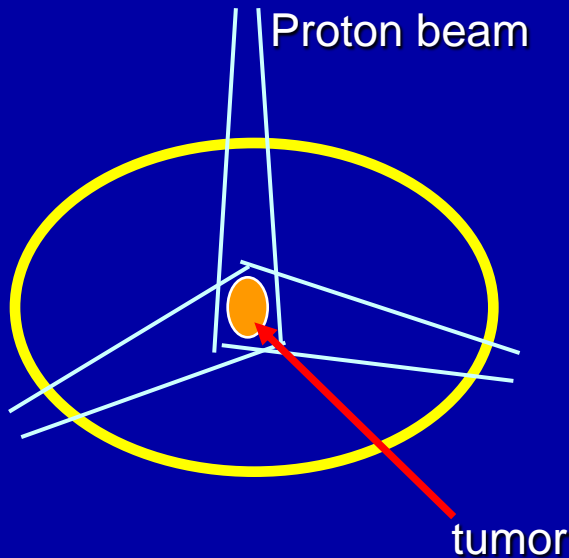
Radiation Therapy

- | Photon beams are commonly used for radiation therapy



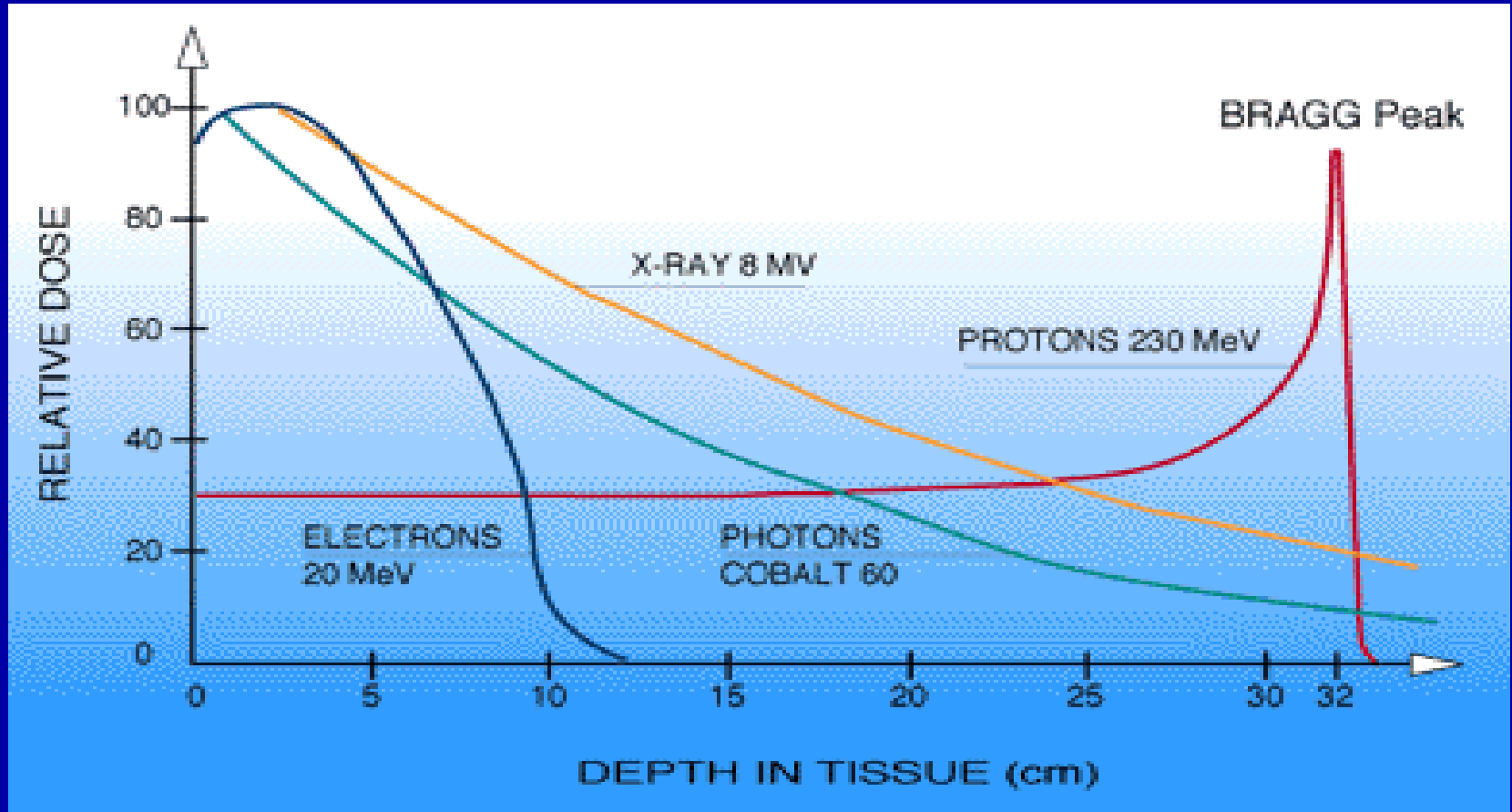
Why Proton Therapy?

- Protons have better dosimetry properties than photons



Ion Therapy is a tissue sparing therapy

Bragg peak



At present 99% of radiotherapy is done with photons

**What proton energy do we
need for deep sited
tumours e.g. in stomach?**

250 MeV

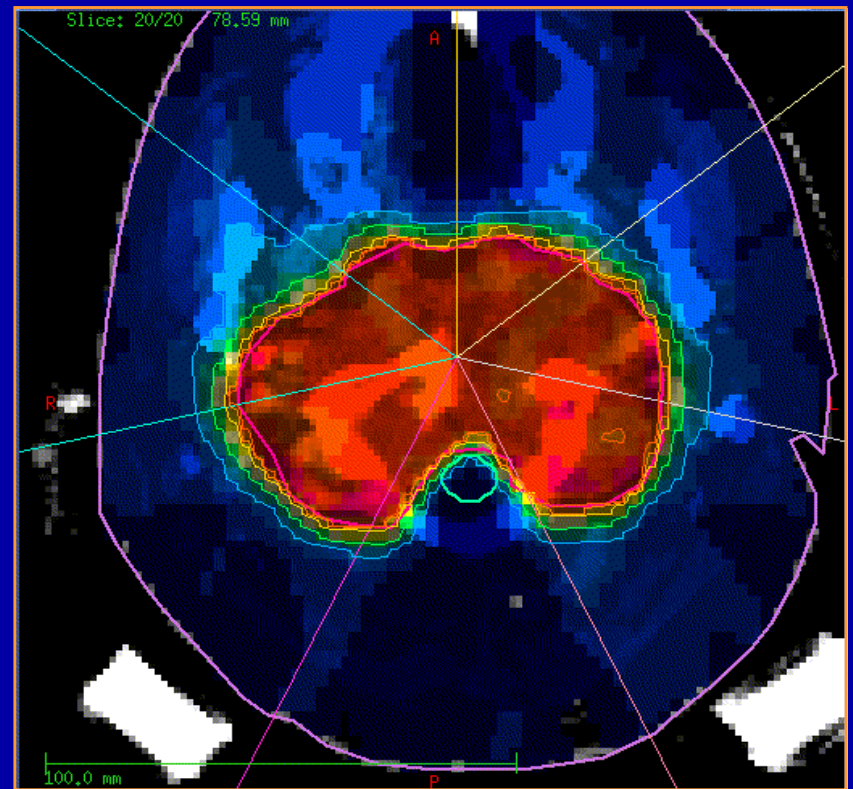
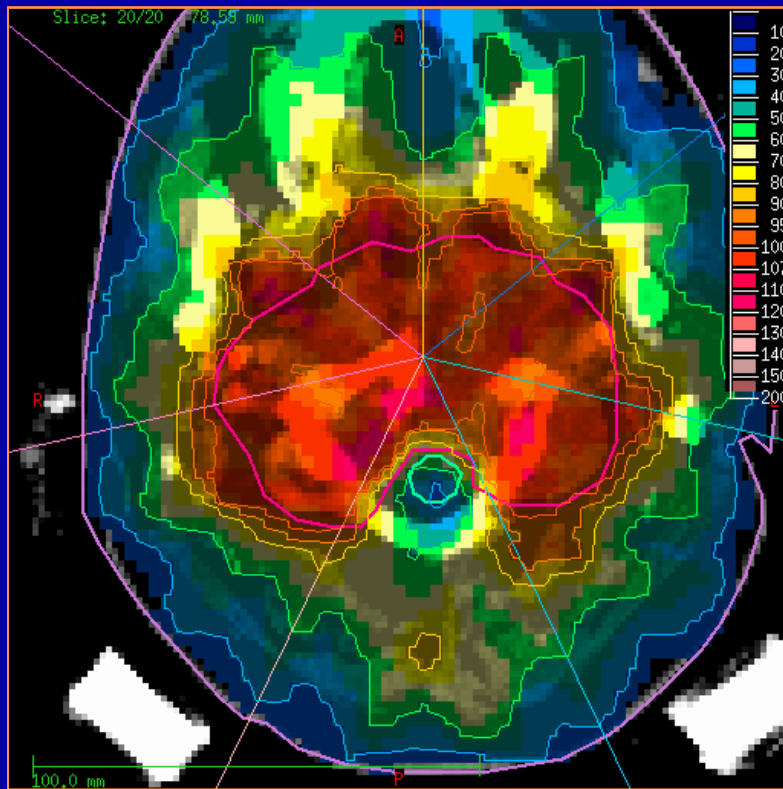
For Ocular tumours

70 MeV

Dose distribution

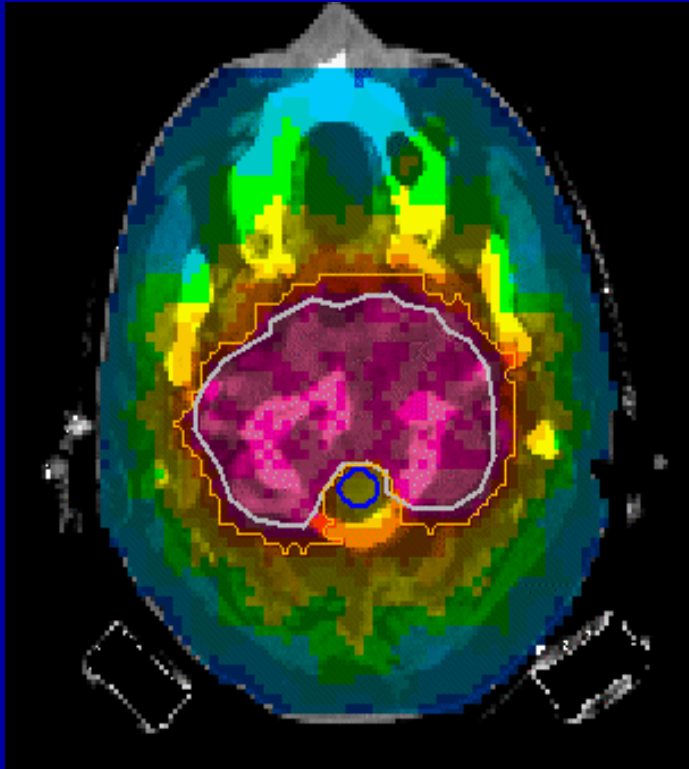
With X ray radiotherapy

By protontherapy

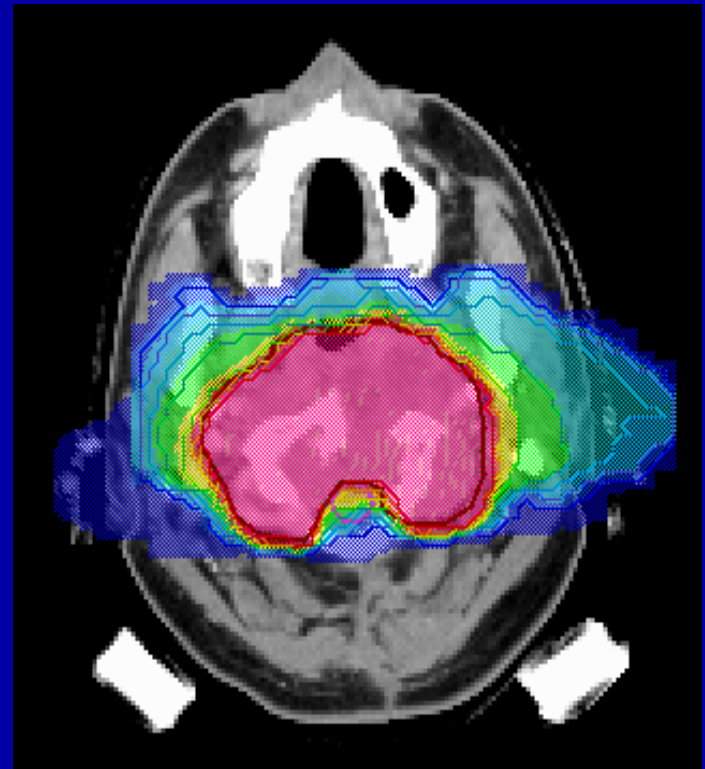


Tissue Sparing

Dose Difference Between X-rays and Carbon Ions



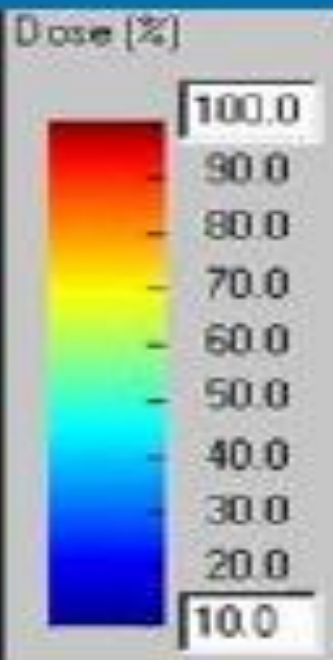
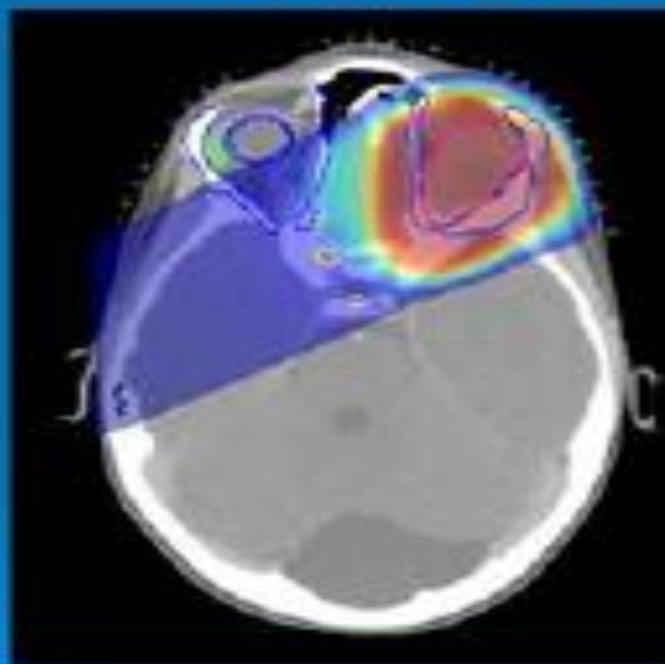
Ultrahard X-rays



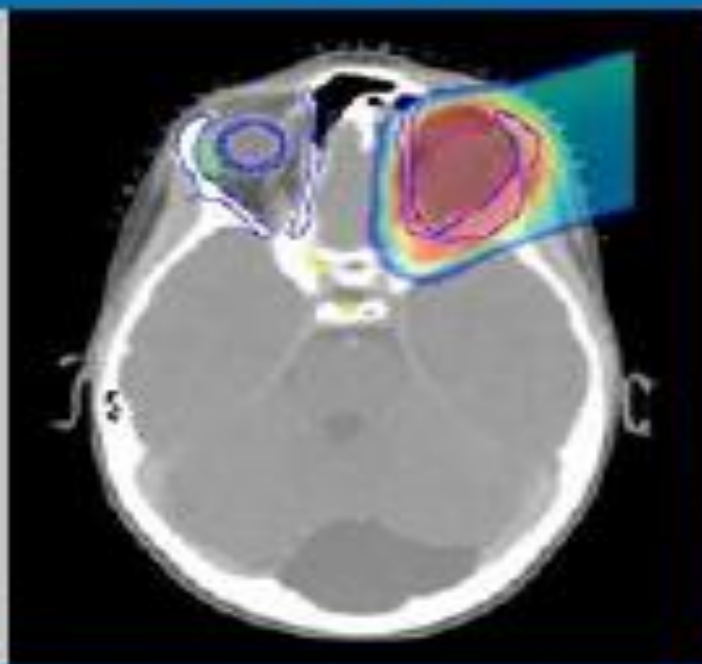
Carbon ions

Orbital Rhabdomyosarcoma

X-Rays



Protons



Courtesy T. Yock, N. Tarbell, J. Adams

Example of proton therapy for a rare orbital tumour in a child. The x-ray comparison shows that the beam deposits radiation in a much wider area with consequent risks of future toxicity such as bilateral blindness.

The Story of Ashya King

Ashya King (5 years old) lives in Southampton UK and was being treated for a brain tumour in the UK.

He was removed from the hospital by his parents a year ago and fled to Prague for proton therapy



Ashya King Family. Ashya is one of seven siblings aged 5



Proton Cyclotron in Prague for proton therapy



Milestones

- 1999 – Vision to build a Proton Center in Prague, The Czech Republic.
- 2004 – Initiation of preparation and planning for the project
 - 2006 – Initiation of design work
 - 2007, April – Municipal decision (05/04/2007)
 - 2008, June – Building permit (09/06/ 2008)
 - 2009, May – Building started (01/05/ 2009)
 - 2010, June – Fabric completed (24/07/2010)
 - 2011, April – Installation of the cyclotron
- 2012, December – 1st treatment room became operational and treatment of first patients commenced
 - 2013, January – 2nd treatment room became operational
- 2013 – Gradual operation of the 3rd, 4th and 5th treatment rooms and continuous



The proton treatment in the Czech republic was partially funded by the UK charity Kids “n” Cancer for £100,000



Diagnosics at the proton therapy Centre in Prague

Proton therapy Centre Prague. The patient is fixed and proton beam is rotated around the patient to irradiate all sides of a tumour

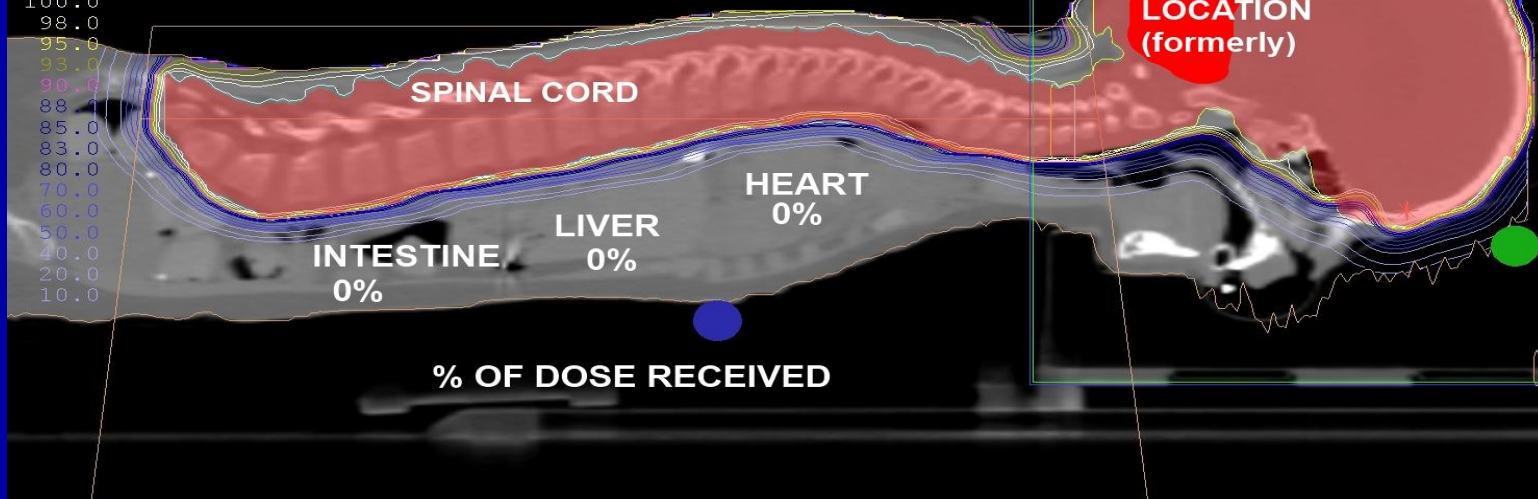




Ashya King: Inside the Prague Proton Therapy Centre where British five-year-old was treated

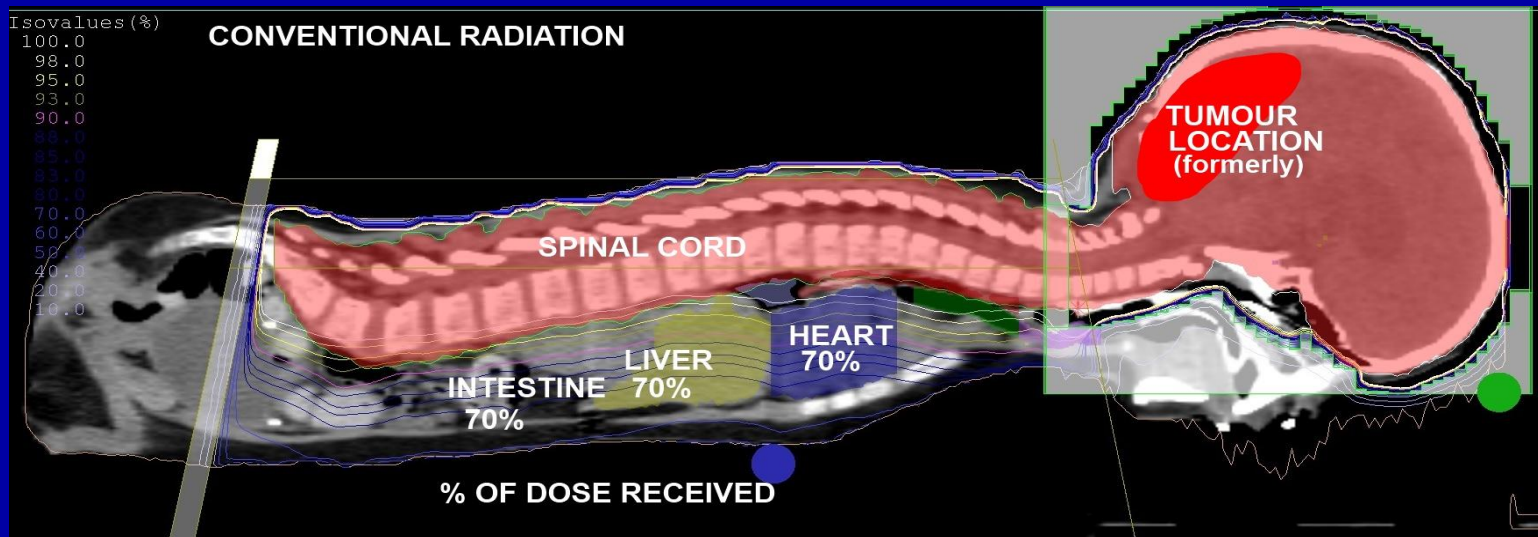
PROTON THERAPY

Isovalues (%)
100.0
98.0
95.0
93.0
90.0
88.0
85.0
83.0
80.0
70.0
60.0
50.0
40.0
20.0
10.0



CONVENTIONAL RADIATION

Isovalues (%)
100.0
98.0
95.0
93.0
90.0
88.0
85.0
83.0
80.0
70.0
60.0
50.0
40.0
20.0
10.0



Difference between conventional X-ray therapy and proton therapy showing tissue and organ sparing



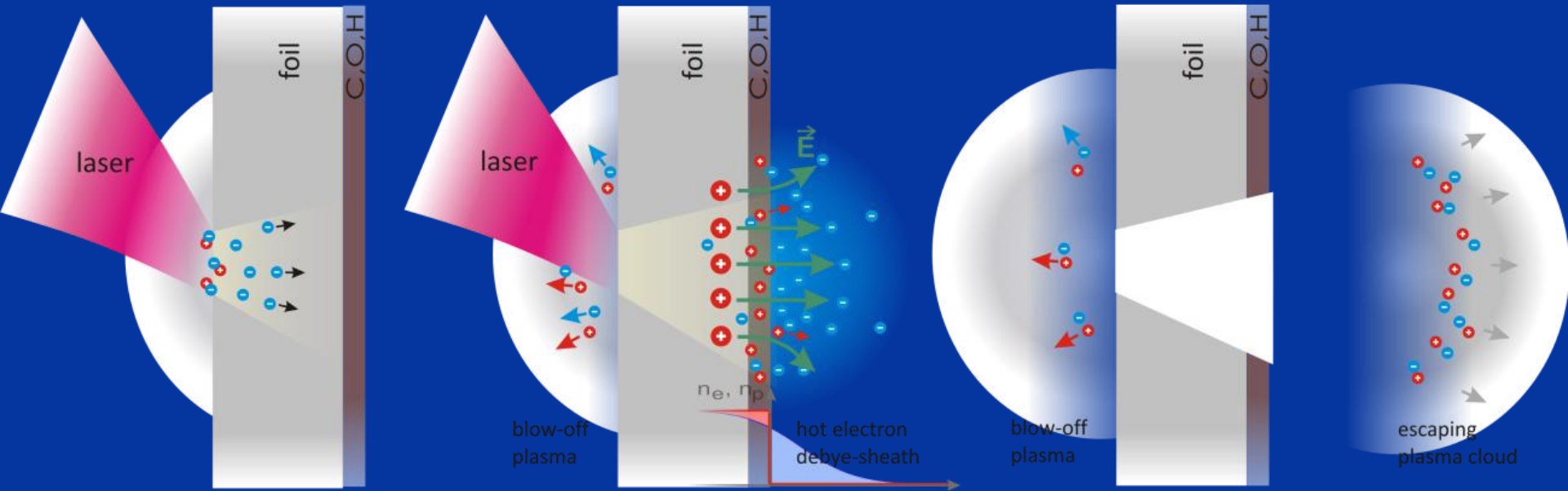
Ashya leaving hospital after proton treatment lasting six weeks

Laser Driven Proton Beams Beams

Where are we?

Laser particle acceleration mechanisms

Protons: Target Normal Sheath Acceleration (TNSA)



The laser light:

- focused to $(10 \mu\text{m})^2$
- creates a plasma at the front surface of the foil (Ti: $2 \mu\text{m}$)

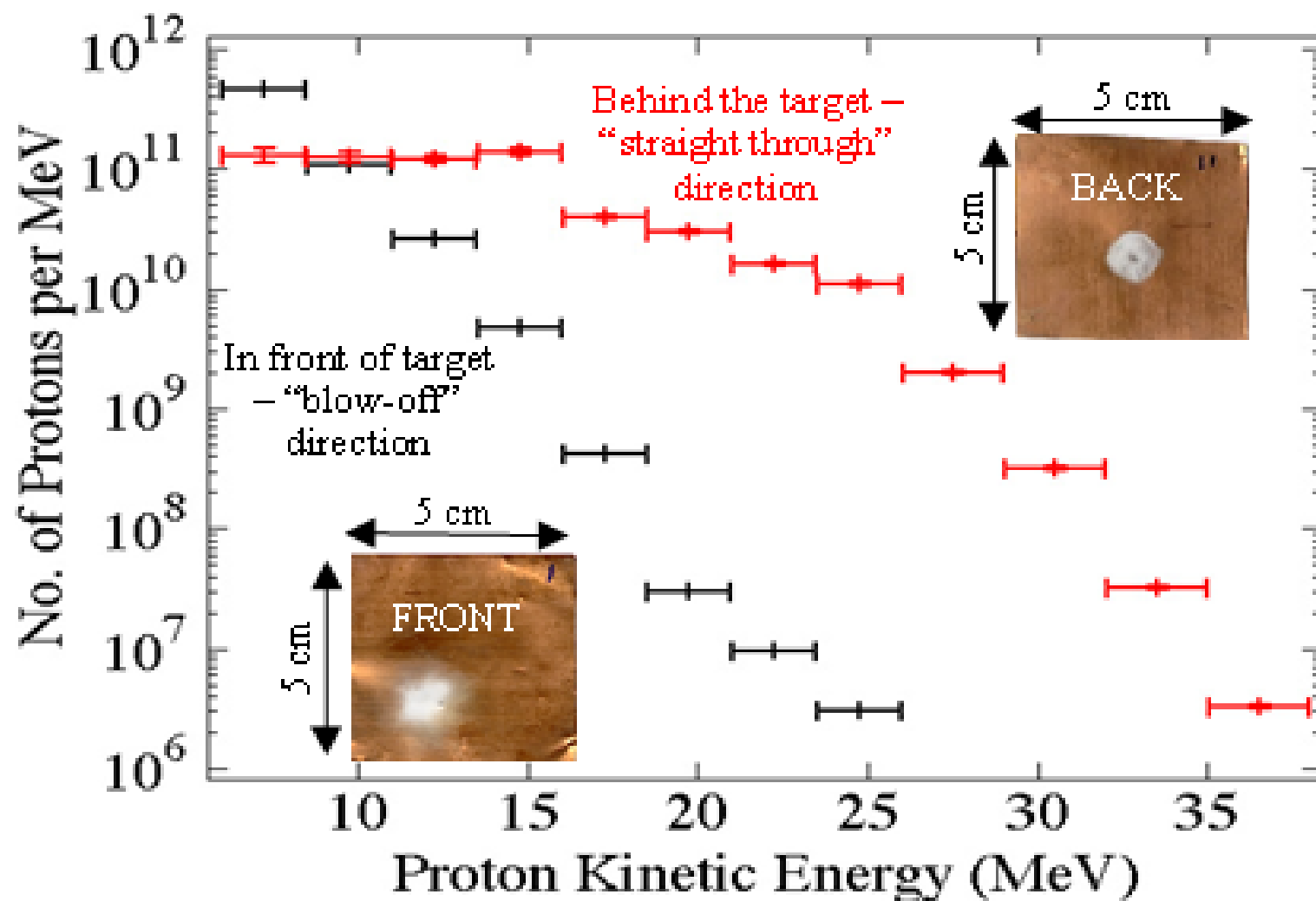
The electrons:

- propagate through the foil
- exit the foil
- build up a quasi-static electric field

The electric field:

- ionizes the rear surface of the foil
- accelerates the protons

Proton Spectra from 100TW



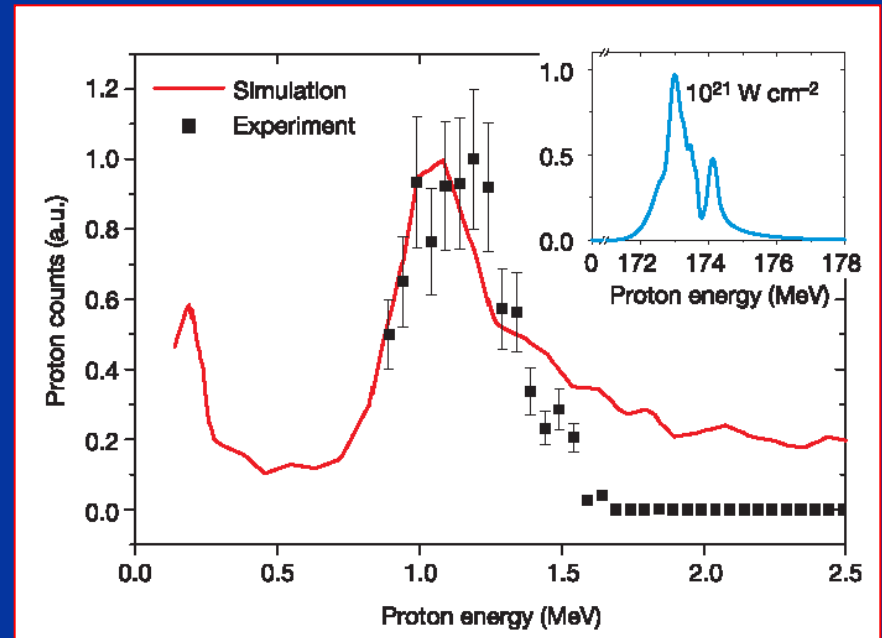
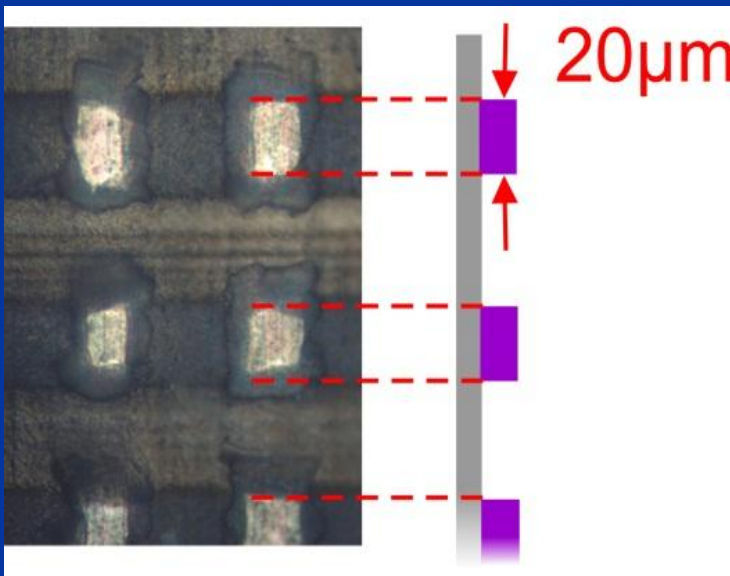
**TNSA proton acceleration
from micron foils leads to
a continuous spectrum
with upper energy levels of
about 70 MeV and this has
not changed for more than
ten years.**

Research on laser particle acceleration

Radiator target development



- Increase of proton energy at given laser power
- From exponential to (quasi) monochromatic energy spectra
- Low divergence beams



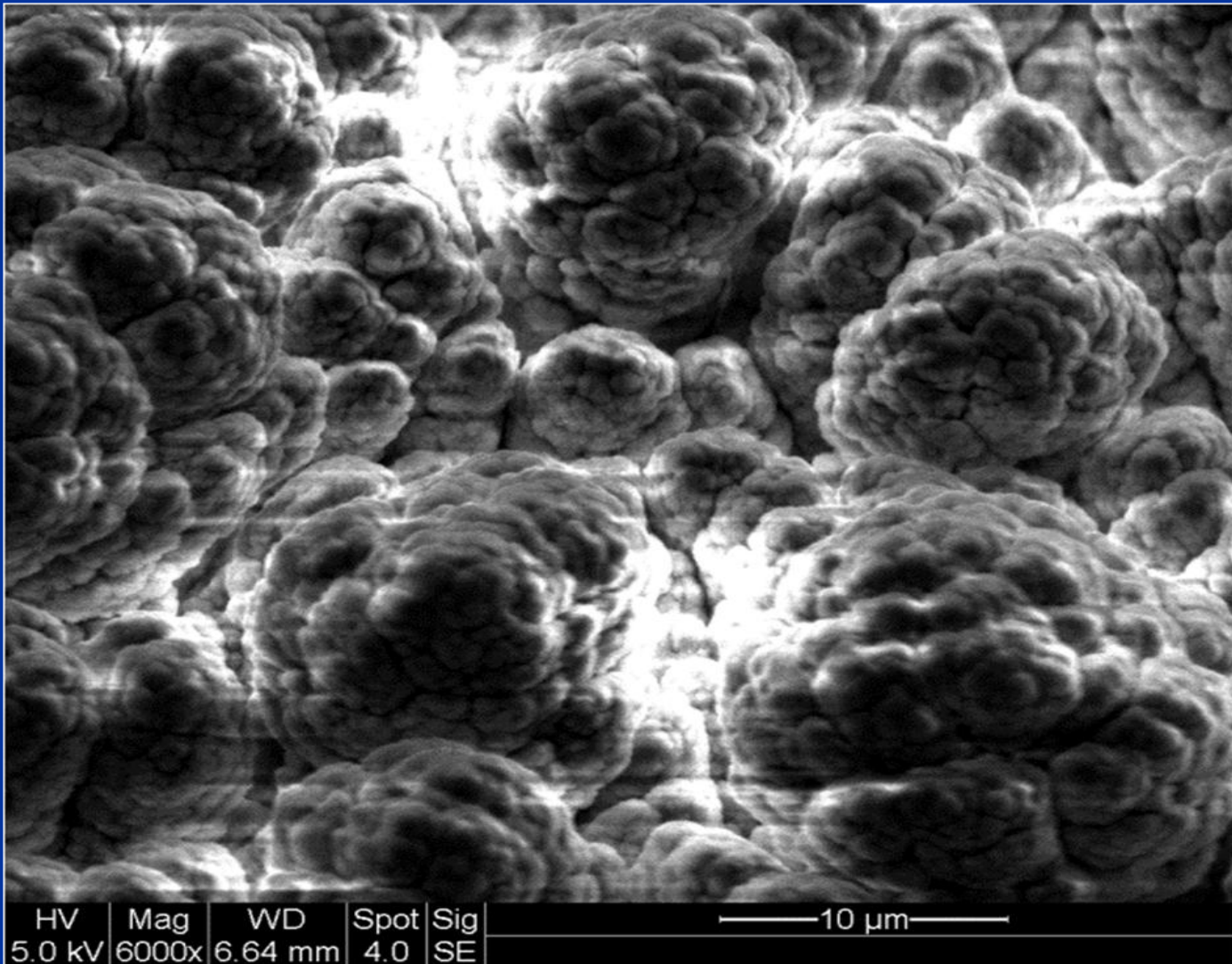
H. Schworer et al.: Nature 439 (2006) 445

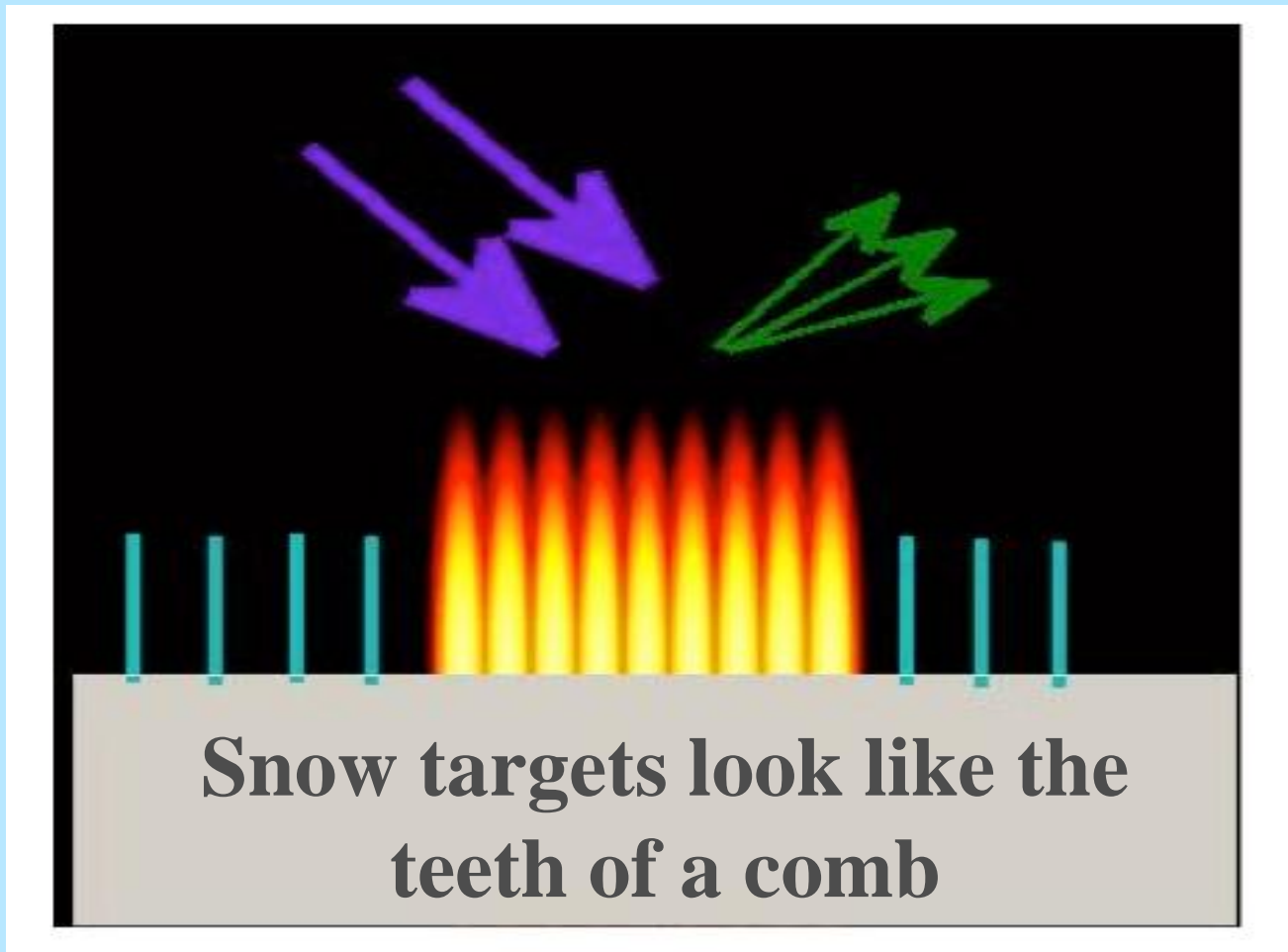
Snow Targets

Zigler et al

PRL 110, 215004 2013

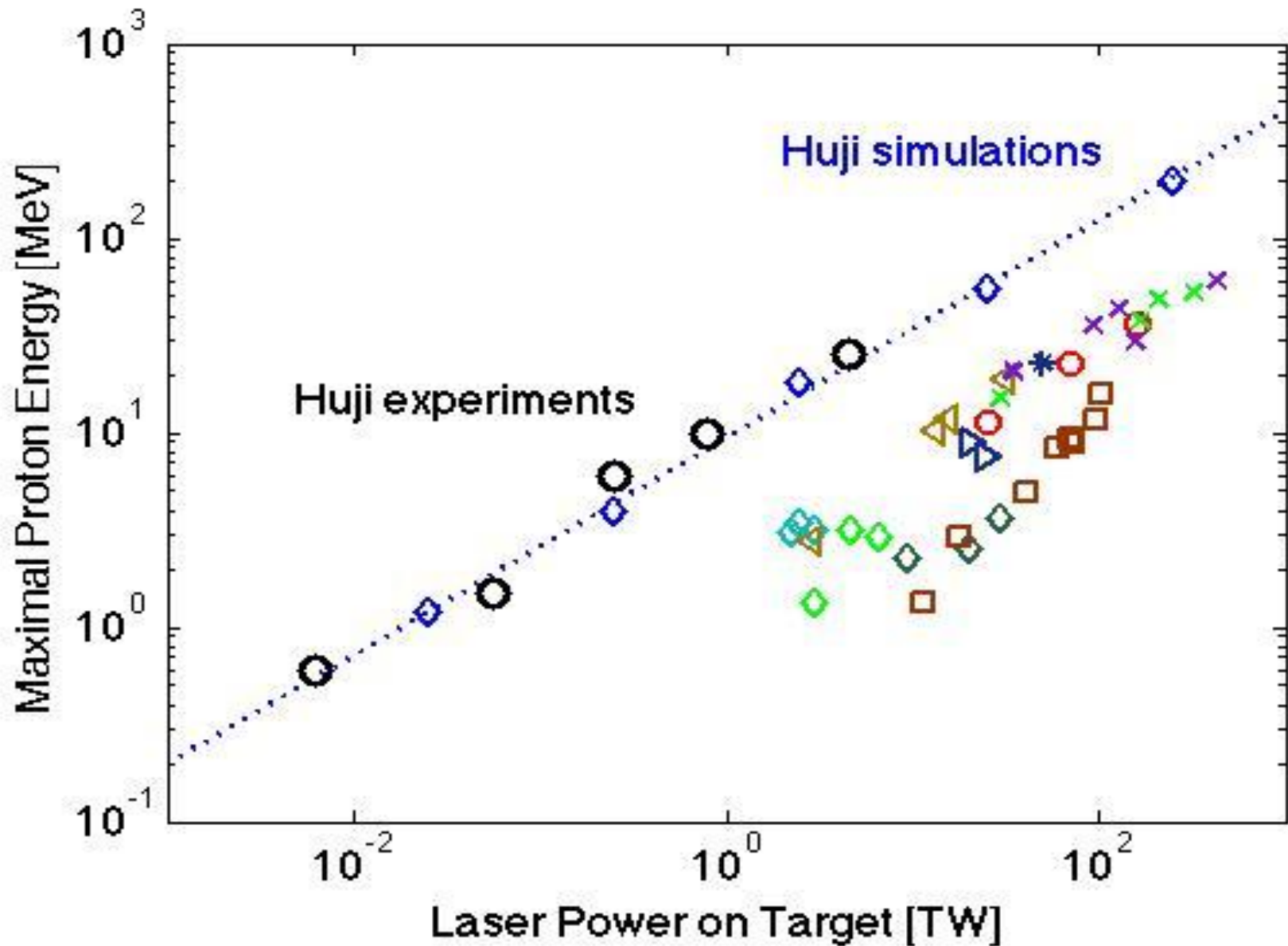
Snow Targets on Sapphire Substrates

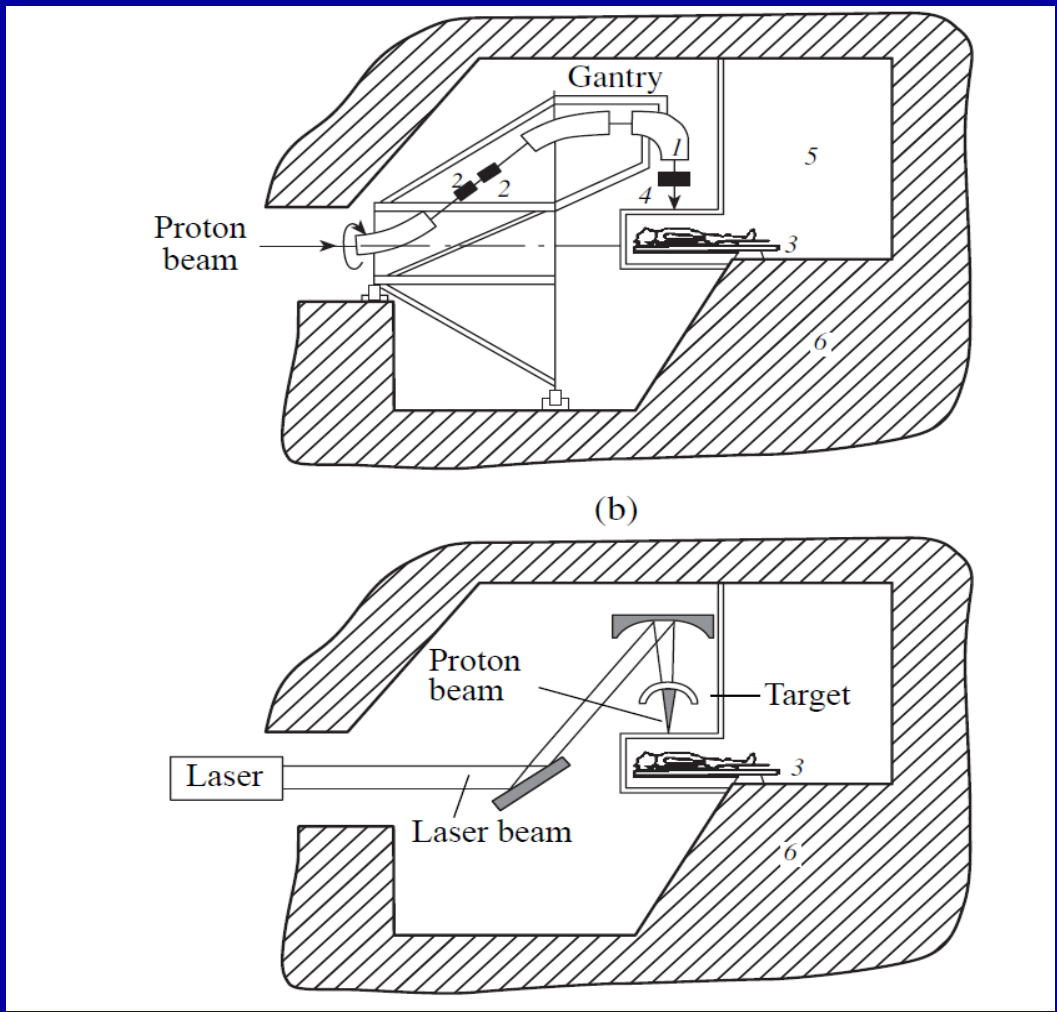




Snow targets look like pillars and when the laser strikes the pillars/teeth the proton acceleration is not typically TNSA in nature

Proton Energy as a function of Laser Power





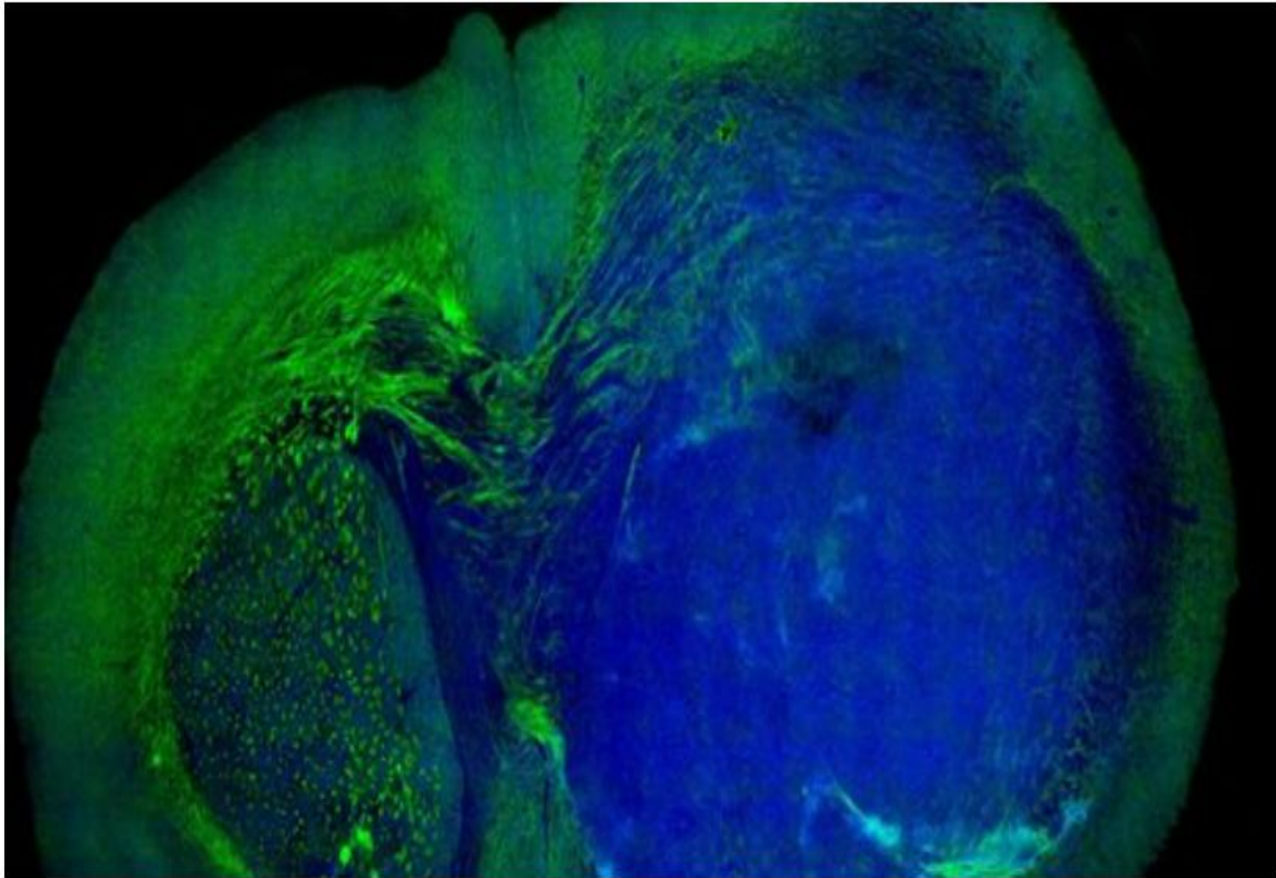
**Gantries for conventional accelerator
100 tons and an optical gantry which is
very compact, light using mirrors**

Opportunities for International Collaboration in Laser Ion Therapy

You need clinicians, physicists,
pathologists, tissue scientists all
working in concert

The first potential research project in Turkey by the Turkish/Strathclyde Collaboration is using a laser to differentiate between healthy and cancerous tissue.

This will be carried out using laser desorption mass spectrometry and principal component analysis



The edges of the tumour in blue are clear against the green healthy tissue

**The edges of the tumour in blue
against the green healthy tissue**

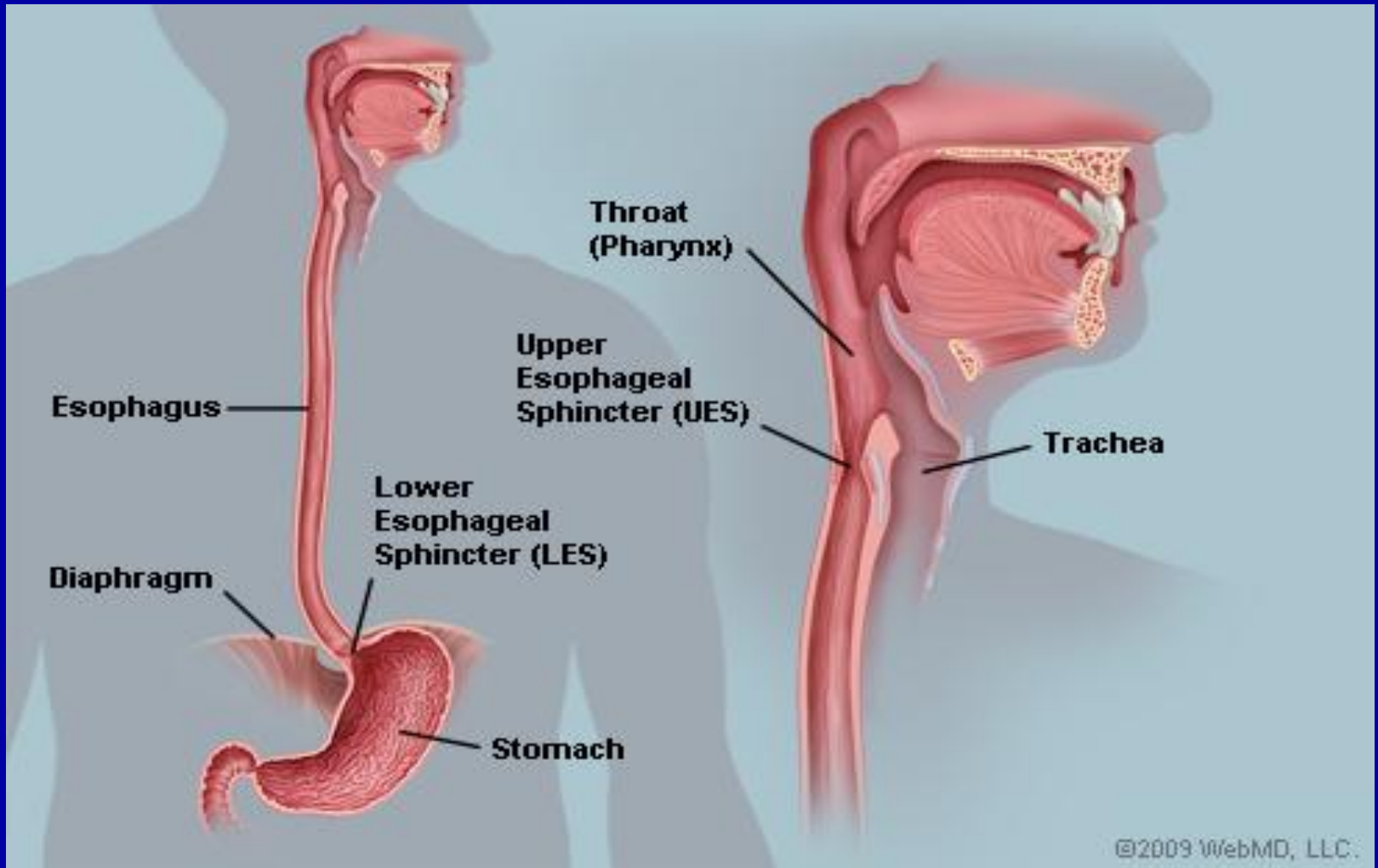
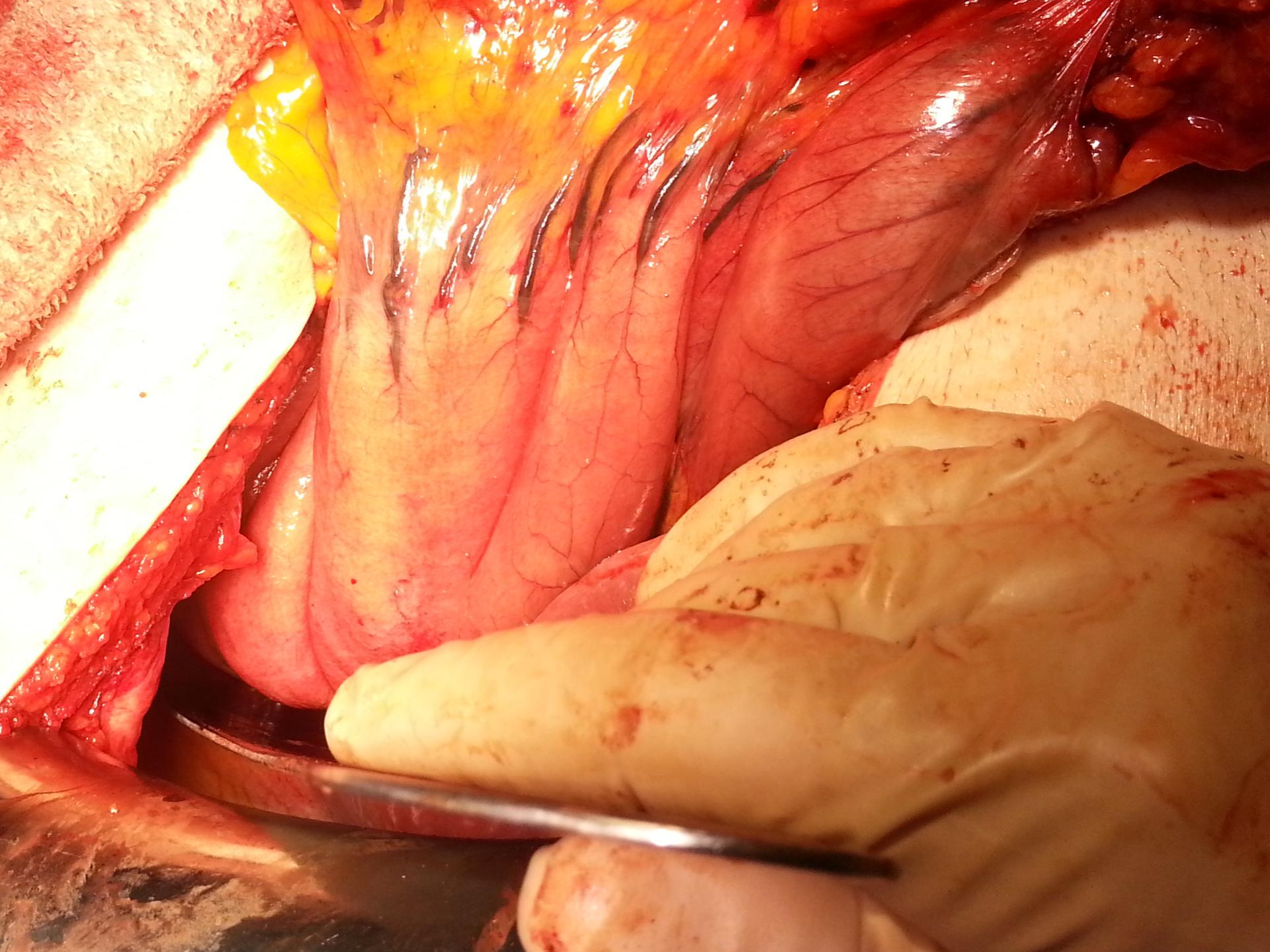
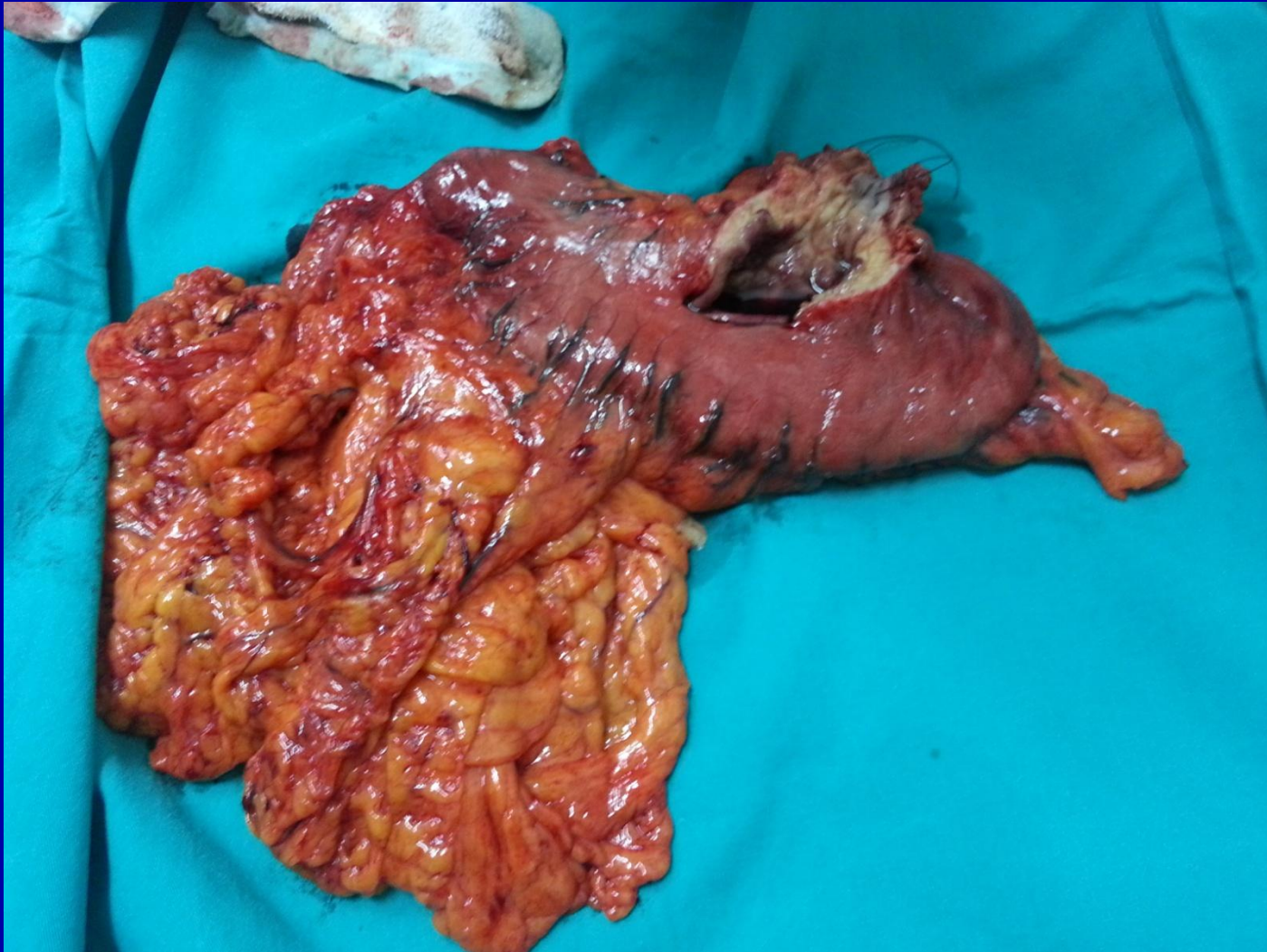


Diagram of the stomach and esophagus

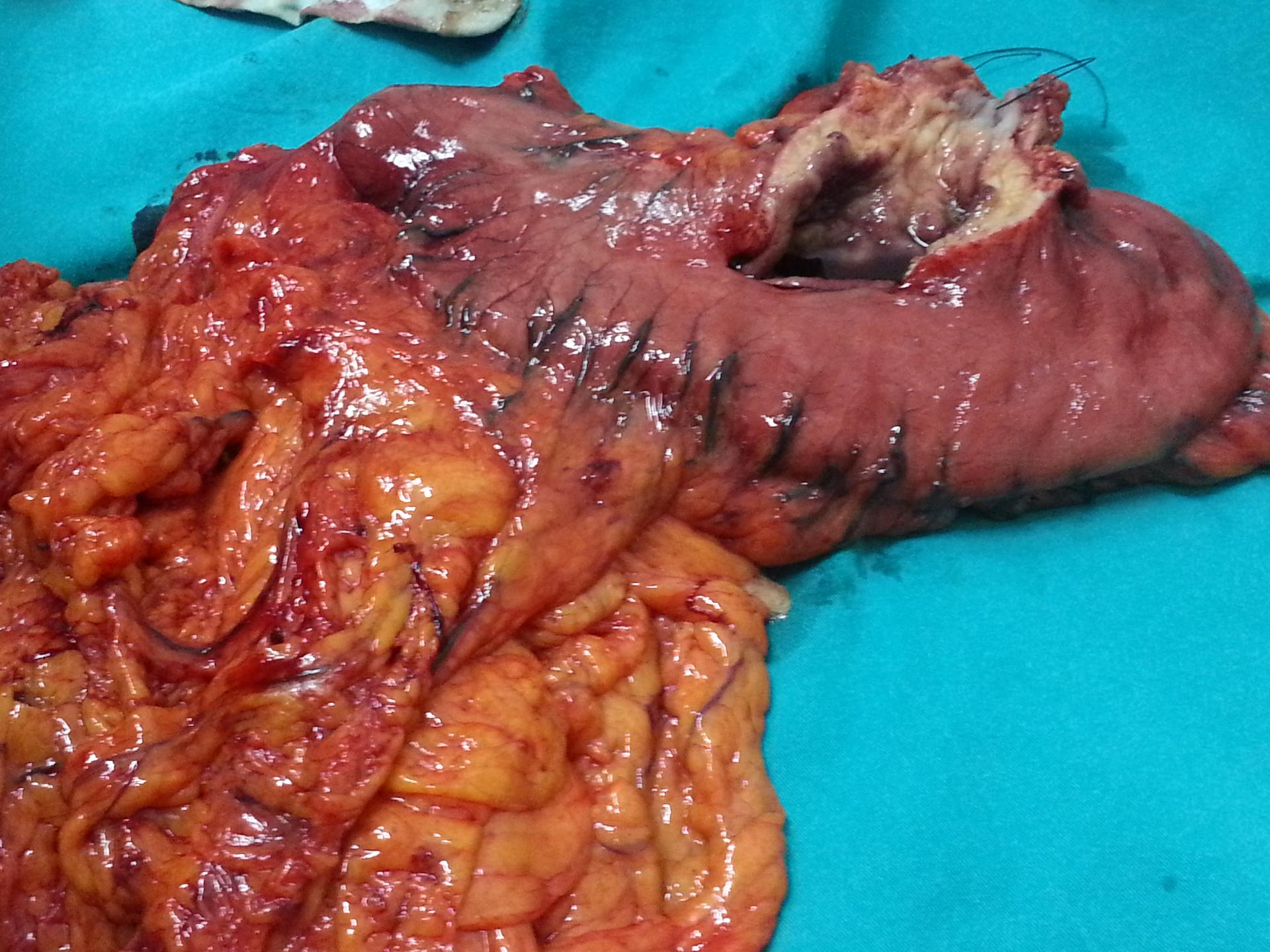






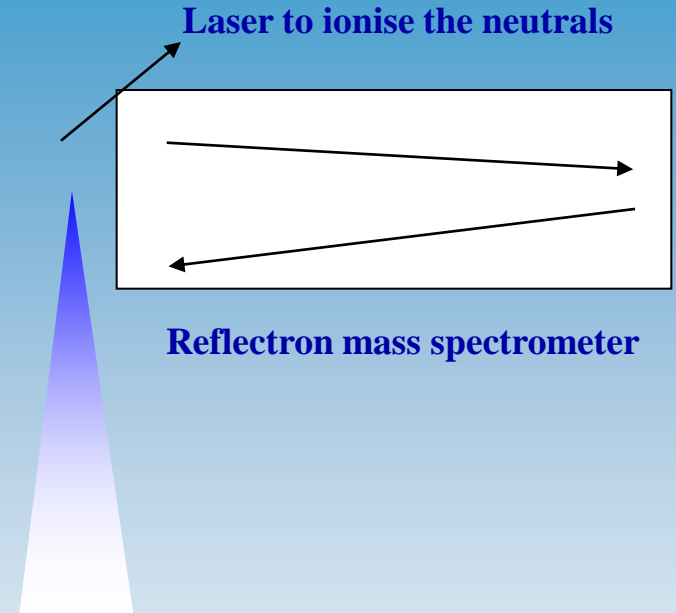
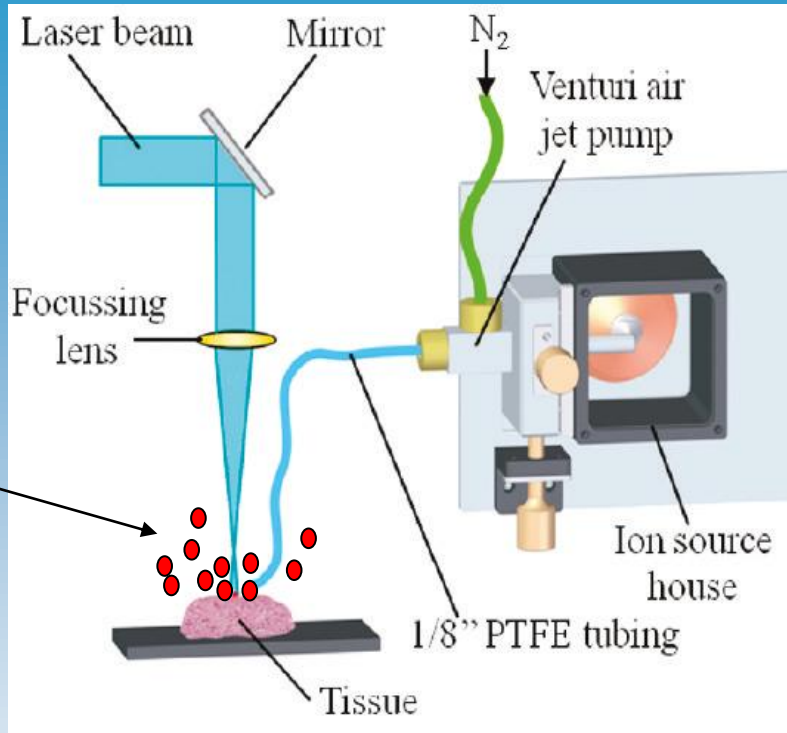


**Tumour Removed from Stomach and Esophagus
operation in Selcuk Hospital, Konya**

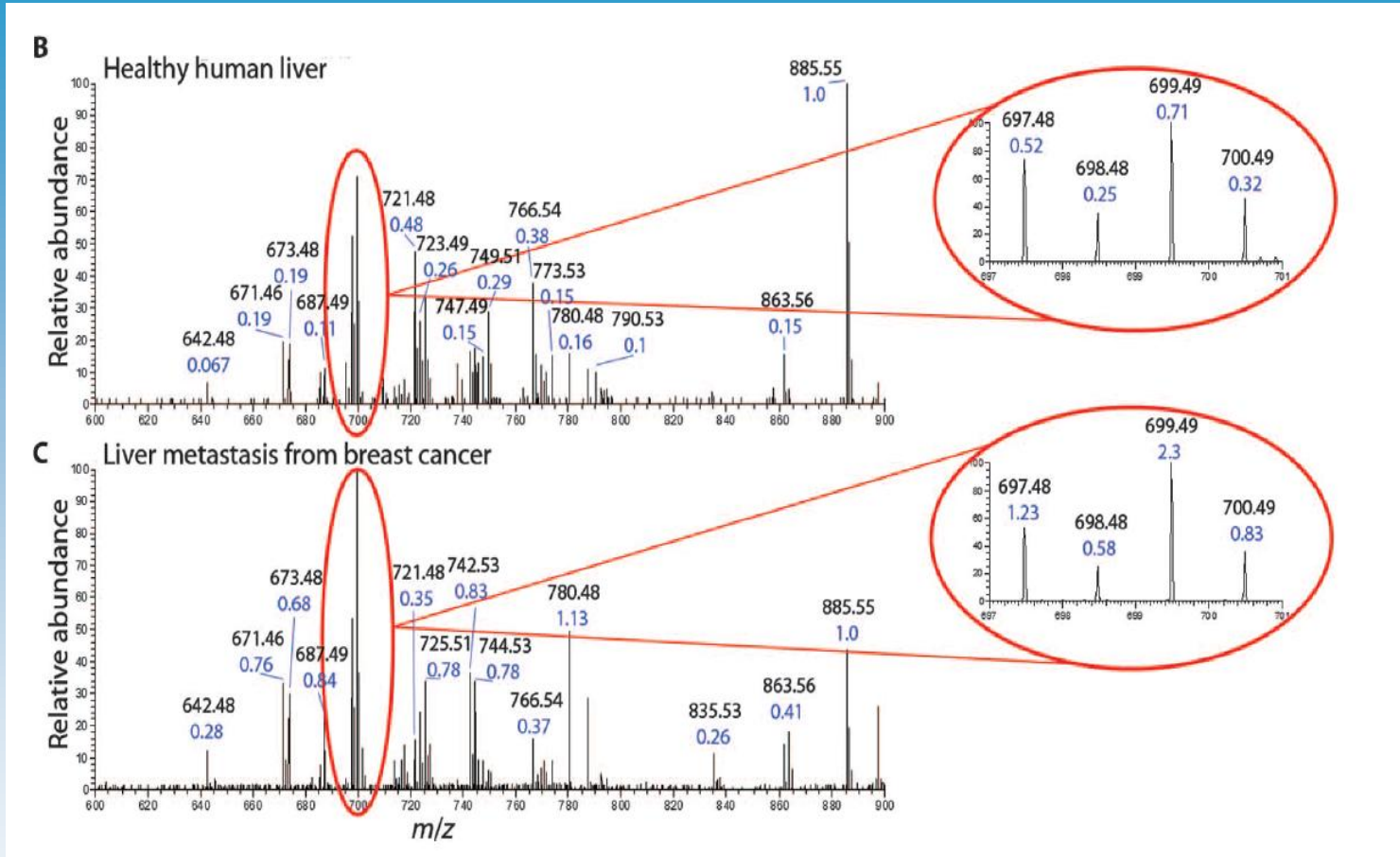


The surgeon removed about a 1mm section of the esophagus and sent to pathologists. It takes about 30 mins to check whether the tissue is cancerous or healthy.

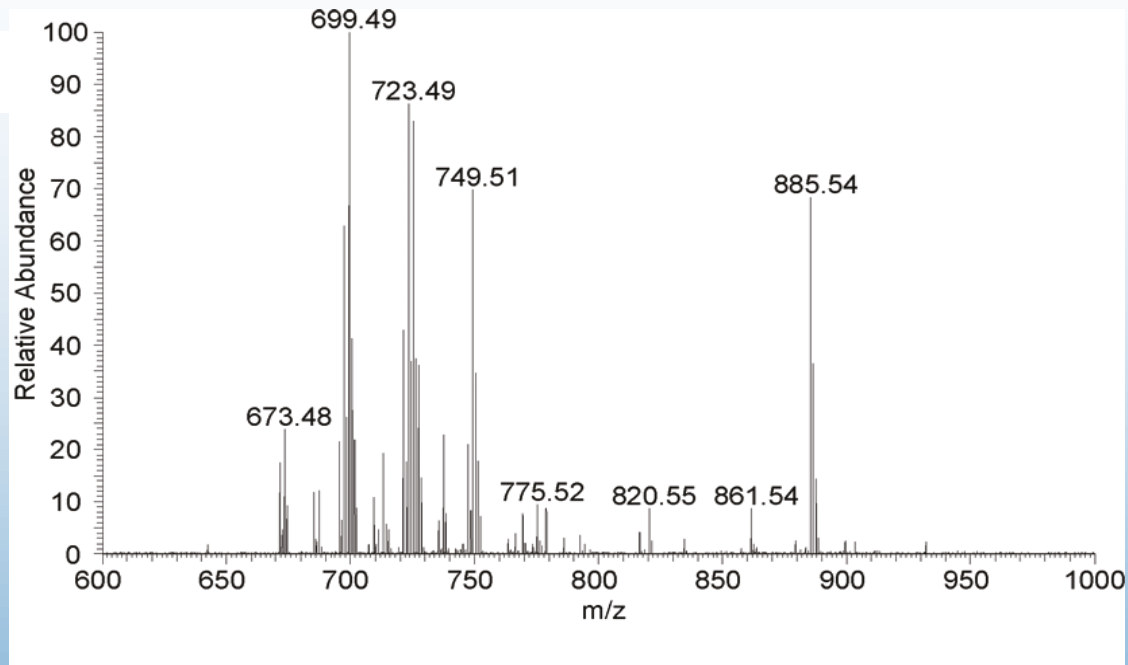
The Surgeon wants an intraoperative real time technique to reduce time under anaesthetic or to reduce number of resections.



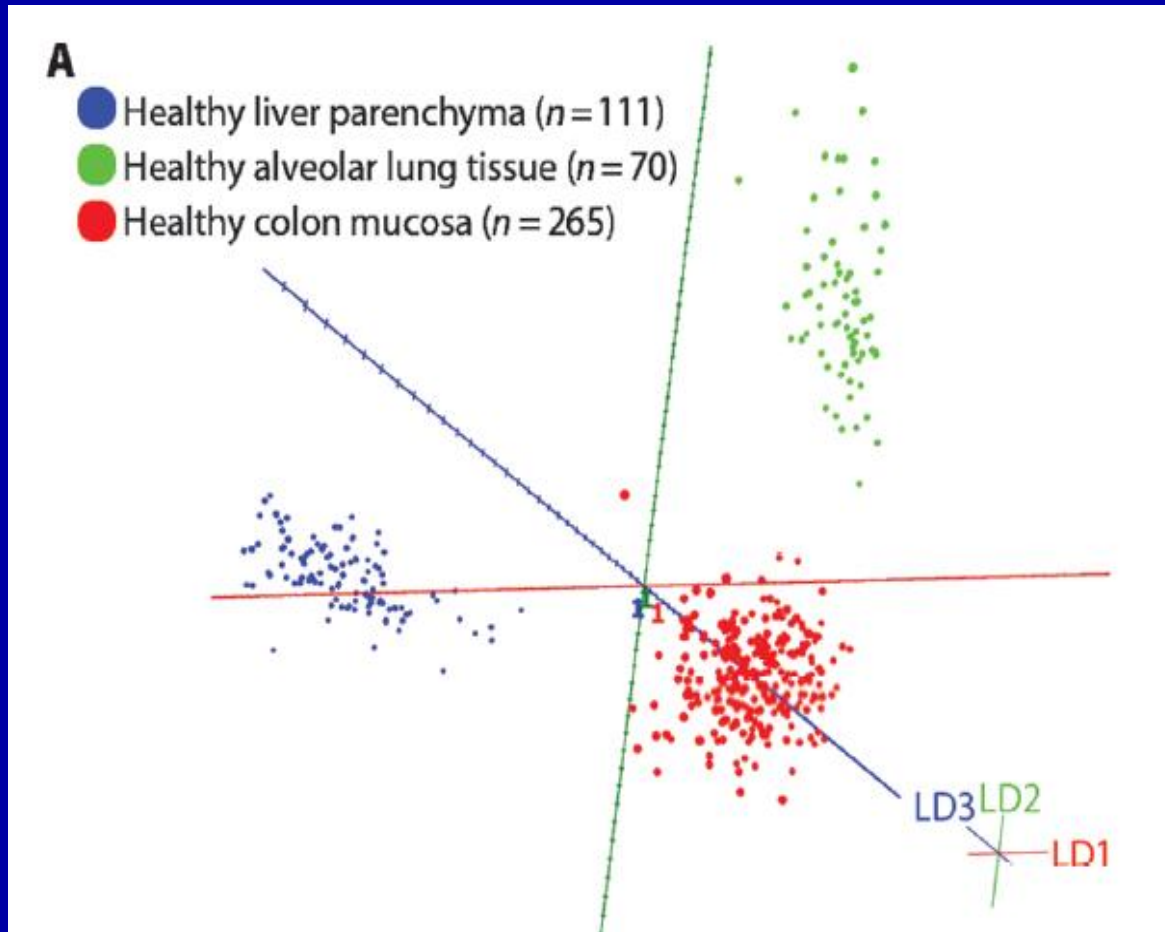
Laser Desorption of Molecules which are then vacuumed up and analysed by Mass Spectrometer and the Principal Components measured



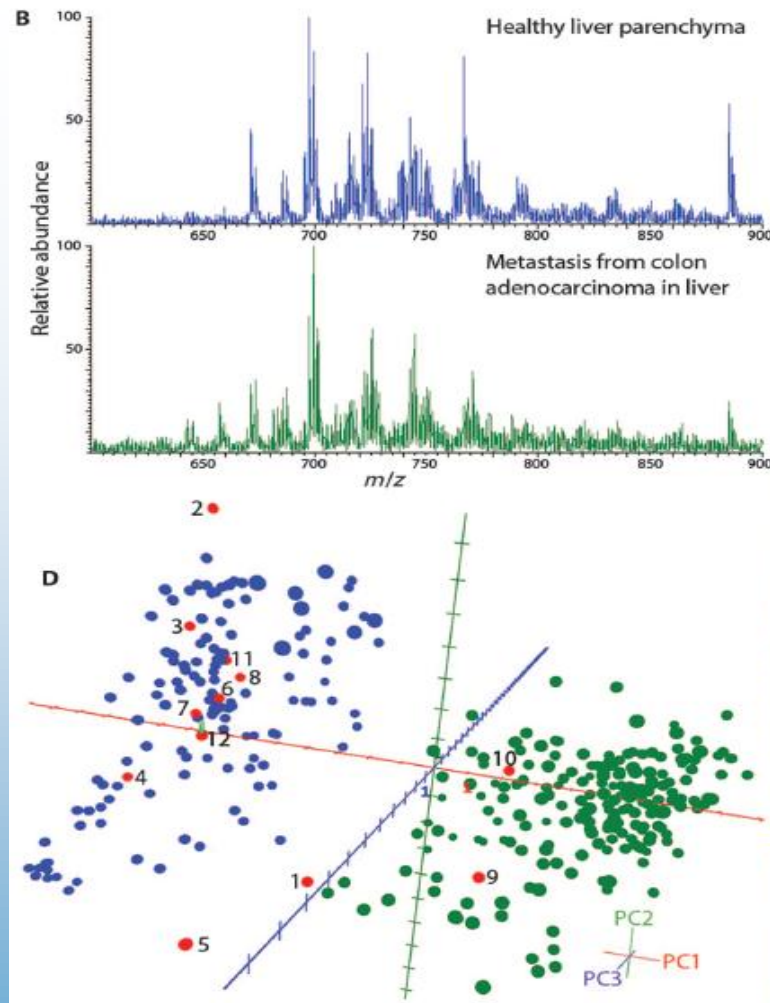
Laser Desorption Mass Spectra of Healthy and Cancerous Tissue



A liver spectrum taken at 355 nm showing prominent peaks at $m/z = 700, 723, 749$ and 885 . These are the Principal Components. The PC ratios are calculated



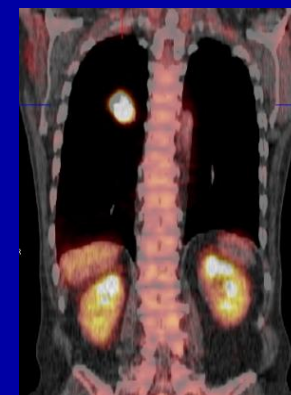
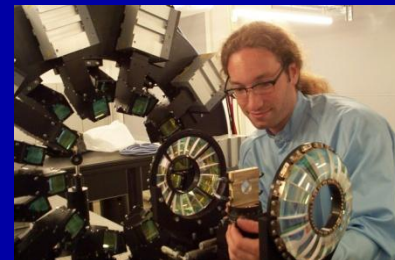
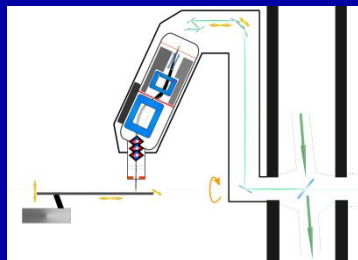
Principal Component Differences between Healthy Tissues



Principal Component Differences between Healthy and Cancerous Tissue

Thank you for
listening

Content of Talk



1. Conventional accelerators for proton therapy
2. Recent Laser particle acceleration mechanisms and results
3. Intraoperative Laser Desorption of healthy and cancerous

